



Original Air Date: 09/08/23

Episode Title: The Id, Ego, and Superego

### **PART OF THE PERSONALITY**

**band/artist (SONG)**

**corresponding function**

#### **ID**

queen (I WANT IT ALL) '89

immediate gratification

duran duran (HUNGRY LIKE A WOLF) '82

hunger

george michael (I WANT YOUR SEX, PT 2) '87

sexual gratification

nirvana (SMELLS LIKE TEEN SPIRIT) '91

emotional outbursts

the cars (MY BEST FRIEND'S GIRL) '78

jealousy

elton john (SATURDAY NIGHT'S ALRIGHT) '73

aggression

the beatles (PIGGIES) '68

greed

ringo starr (I'M THE GREATEST) '73

self preservation/vanity

#### **SUPEREGO**

michael jackson (MAN IN THE MIRROR) '87

self improvement

chicago (HARD TO SAY I'M SORRY) '82

guilt and learning from mistakes

jefferson airplane (VOLUNTEERS) '69

volunteering

merle haggard (OKIE FROM MUSKOGEE) '69

adherence to rules

john lennon (GIMME SOME TRUTH) '71

whistleblowing/calling out authority

the counting crows (BIG YELLOW TAXI) '02

caring for the environment

jimmy eat world (THE MIDDLE) '01  
worrying about social acceptance

the pretenders (I'LL STAND BY YOU) '94  
showing empathy

supertramp (GIVE A LITTLE BIT) '77  
charity/helping others

emerson, lake & palmer (LUCKY MAN) '70  
self sacrifice

### ***EGQ***

canned heat (LET'S WORK TOGETHER) '70  
communication & cooperation

the lovin' spoonful  
(DID YOU EVER HAVE TO MAKE UP YOUR MIND?) '65  
decision making

the rolling stones (TIME IS ON MY SIDE) '65  
time mgmt.

john waite (MISSING YOU) '84  
defense mechanism: denial

xtc (MAKING PLANS FOR NIGEL) '79  
planning

sly & the family stone (EVERYDAY PEOPLE) '69  
civility

tonic (IF YOU COULD ONLY SEE) '96  
perception

steve winwood (WHILE YOU SEE A CHANCE) '80  
taking chances

wings (LISTEN TO WHAT THE MAN SAID) '75  
listening